

ART THERAPY GROUP

for women age 20+

Her True Hue

Coloring the Canvas of Self

An art therapy group for women led by Art Therapist Lisa M. Lounsbury.

In this creative and supportive six-week series we will use various art materials to explore feelings of anxiety, depression and other concerns in a small group.

Groups held at our warehouse studio in Blaine, MN. Register on our website. Insurance accepted.

6-week cohorts
Saturdays, 10-12

2024 Schedule

February 10 - March 16

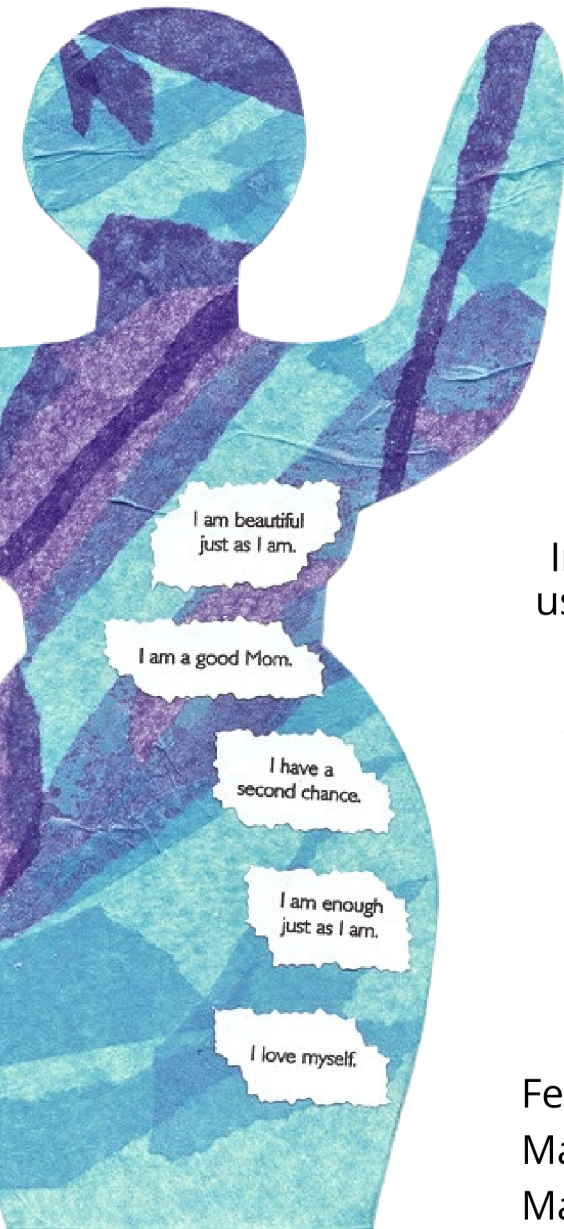
March 23 - April 27

May 11 - June 15

June 29 - August 10

August 24 - September 28

October 12 - November 16



CONTACT US

Register at www.ArtLabRx.com

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